

CLASSIFIEDS

DAY AT THE RACES, Aug 4th Bus leaves Campo at 11:15, \$25 per person 478-2159

Help wanted electronic technician full or part time. Basic electric & computer skills required will provide special training. Resume to: Priax P O Box 776 Pine Valley, Ca. 91962 Fax 619 478-2555

Railroad ties \$11 each or bundle of #20 \$200. 619 766-9973

The Varmint Guy 619 991-4096 varmintguy@san.rr.com pest control

1940's Ford tractor w/ attachments \$2000 478-9535

Pine Valley 3bdrm, 1 bath, house \$1550. 619 322-7776

3 rolls (?) feet) 4 foot high used chain link fencing and used poles. \$35 takes all. 766-4979

Free bread Sat & Sun at noon, free spaghetti dinner 2nd Saturday 5pm Campo Baptist Church

Potrero Cabin includes utilities 619 478-2102

Landscape and Handyman 478-1353 Brian

East County Auto & RV Repair Mobile Service, Al Stambaugh 619 405-7182

Massage therapist Sheila Remington at Sacred Rocks, appointments 619 766-4480

1940's Ford tractor w/ attachments \$2000 478-9535

In home support housekeeper, with car, interview call Ann 619 766-9297

Older model 5th wheel \$700 or best offer, will trade for running car Wendy 478-2763

81 Chevy ¾ ton 350 V-8 4spd, \$2,000 Bill 478-5928

Registered Nubian Dairy Goats for sale, bucks, does, and withers, 4 months and older many to choose from \$125 and up 405-7183

Cook Wanted. Experienced only need apply.

Apply in person ONLY (no phone calls) at Campo Diner, 1367 Dewey Pl. in Campo

Queen Size Mattress with Frame. \$700 or best offer. Call (619) 478-9535

Entertainment Center. \$40. Call (619) 478-9535

Tractor for Sale. 1940s model Ford. \$1500 or best offer. Call (619) 478-9535

Phonebook Update:

Shannon Reed 742-9479

FOR SALE \$3,500.00

24' 1978 Vogue motor home, 440 motor, 4.0 Onan generator/+ - 46,000 miles, awnings above all windows/ snap cover for the wind shield/ tire covers, has gear vendor gear

splitter, everything works great and comes furnished with plates, silver ware, t.v., tools, etc. The inside is in good condition, great little motor home we just used it on fathers day weekend out at the river and everything worked great including the

A/C. If interested please call Ernie @ (619) 823-3961

Our place, your motor home or trailer! Water Hook up, Sewer, Electrical, Very private. Call (619) 823-3961 to discuss Terms

Classified ads may be e-mailed to editor@backcountrymessenger.com or snail-mailed to Back Country Messenger, PO Box 71, Campo, CA 91906

There is no charge for classified ads. No business listings except housing for rent and jobs!

Champions CONTINUED FROM PAGE 5

(presently)

- Home Visits (some now, planning program)

Jacumba:

- Move Portable Clinic to Jacumba location
- Electronic Health Records (future)
- Practice Management Systems-Patient Data, Appointments, etc. (presently)
- Telemedicine Expanded Services (presently)
- Expanded court approved and group behavioral classes via telemedicine (presently)
- School Services-behavioral and health care (future)
- Prenatal Services (presently)
- HIV Services (future)

Will You Join Us?

Why should I join the Mountain Health Champions?

Carol Lewis explains:

Every one of us feels the need to give back, to someone, somewhere for something. The members of Mountain Health Champions long to give back to our communities. Health care has become a challenge for many of our families. Many are forgoing the high costs of health care so that they can remain in their homes when it becomes difficult to just make the house payment. The rising number of our uninsured patient visits has grown 78% in just one year. It has become each of our responsibilities to assure that we care for one another and provide access to high quality health care and community services for Alpine and the back country. This is the mission of Mountain Health & Community Services. It could be our children, our friends and family, or ourselves who need help. It's caring and compassion during an economic

crisis. It's acting together so that the power of our combined efforts will bring services and care. And so we give back. But then something happens: the more we give, the more we get back. We are given amazing opportunities to serve our neighbors and our community, and we personally grow because of it. It's a cycle of giving and receiving. It brings us immeasurable joy!

If you'd like to join us please contact:
Carol Lewis, MHCS
Community Liaison

Phone: (619) 445-6200 x165

E-mail: clewis@mtnhealth.org

Mail to: MHCS
Attn. Carol Lewis
1620 Alpine Blvd.
Ste. 119,
Alpine, Ca 91901

Veterans CONTINUED FROM PAGE 27

Register, relaxes the evidence requirement of certain PTSD stressor claims by veterans. The fact sheet is available online at www.va.gov/PTSD_QA.pdf.

Veterans of any era or conflict can file a claim under the new rule. The rule covers claims received by VA on or after July 13; before July 13, but not yet decided by a VA regional office; and in other specific instances outlined in the fact sheet. (Source: Bob Clements BG USAF Ret) Increasingly Doctors are refusing Medicare.

USA TODAY listed a few Doctors in a few States that have stopped taking Medicare which, of course, will negate TRICARE.

In Illinois, 18% of DR's have restricted the number of Medicare patients in their practice; in North Carolina, 147 DR's have opted out of MEDICARE, in New York about 1100 Dr's have left Medicare and the list is getting longer

by the day. Some people in Mississippi say that their Dr's have already notified them as patients that they will not be accepting Medicare any longer. There will be more.

Legislation that will roll back the 21.3 percent decrease in reimbursements to physicians who treat Medicare patients and institute a 2.2 percent increase in reimbursement rates through Nov. 30, 2010 has been signed.

Why is this important? Those of you on Medicare and TRICARE For Life (TFL) know that if physicians leave the Medicare system in droves due to the low reimbursement rate for their services, Medicare and TFL patients will suffer the possibility that their physician will leave and that they will be unable to find another physician accepting new Medicare patients. Those of you not yet using TFL can help ensure that the system will still be there when you are ready to use it.

What can YOU do about this? Write your Congressman and Senators. Congress has been putting band-aids on this problem since 1998 and it's time for them to take some concrete action and do something about the "sustainable growth rate" formula that is at the root of this problem. (Source: AMRA)

VA Creates Homeless Vet Hotline

VA Sec. Eric Shinseki announced the creation of a new telephone hotline to provide emergency support and resources to homeless veterans. The number is 1-877-4AID VET. "It is unacceptable for a single veteran to spend the night on the streets of America," said Shinseki, who added that the new National Call Center for Homeless Veterans hotline will be staffed by experts 24/7, and complement the services already provided by the VA's Suicide Prevention Hotline at 1-800-273-TALK (8255).

Cody CONTINUED FROM PAGE 1

Classic football game. The Chargers are very involved with this game. They had a meeting at the Chargers Training Facility where, after a tour, the team met some of the Charger players. The players were also honored with a player's banquet at the hall of Champions and received Charger gear.

The All-Star Classic featured the Charger Girls at halftime and two

Charger players as honorary captains. The entire time Cody knew this was a big deal and a privilege to be selected. The entire Mountain Empire is proud of Cody's accomplishments and his fellow Red Hawks players. They dazzled us the last few seasons with some great play. We wish the graduating players well and special thanks for making Mountain Empire football memorable Friday night moments.

Customs CONTINUED FROM PAGE 26

southbound vehicle checks into Mexico stopped a US male citizen for a secondary inspection and discovered a weapons cache hidden in the vehicle. Five automatic weapons, two pistols, and various ammunition magazines, along with tactical web gear. Federal weapons smuggling charges await the suspect.

During the early morning hours of July 19th the Coast Guard spotted a panga boat loaded with people heading to shore near Black's Beach. Border Patrol Agents found 17 people hiding along the cliffs. In June of this year agents conducted a traffic stop in North County, as an agent approached the vehicle the driver sped

away dragging the agent for a short distance and hitting another agent with the vehicle. As a result of the injuries to the agents a federal warrant was issued for the suspect. The morning of July 16th the suspect was taken into custody without incident and is in Federal custody for assaulting the USBP agents.

Finn

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all of us were affected.

Seeing this Medal of Honor made me realize that we all must be thankful for all who have served and are serving to keep our country the "Home of the Free and the Brave." God bless them all!

Corrine Huhn